

LEMON EXTRACT

A simple lemon extract to fully use your lemon rinds or peels and capture the beautiful essence of the lemon.

MAKES	TIME TO MAKE
1 – 12 FL OZ BOTTLE	5 MINUTES + INFUSION

INGREDIENTS

- 12 ounce Vodka*
- 2 Lemon Peels**, dried

DIRECTIONS

1. Use a glass bottle with a lid, preferably a wire bail swing top or a mason jar.
2. Add the fully dried lemon peels into the bottle (you can also cut any fruit away from the rind and allow it to dry)
3. Fill the bottle with vodka to fully cover the lemon.
4. Cover the bottle with the lid.
5. Set bottle in a dark pantry or cupboard.
6. Shake every day or a few times a week to help infuse the vodka with the lemon.
7. After about 6 months, your lemon extract will be ready to use.
8. I like to remove the rinds/peels here,
9. You can add this to sweet breads, drinks, salad dressing, etc. Let your imagination go wild!
10. Enjoy!

*(you can choose any type of alcohol be it vodka to rum, I find vodka or everclear makes the best lemon extract. You can also use any % proof Alcohol that fits your budget. I usually use an 80% proof vodka for this is you can't find everclear)

**You'll want to make sure you use organic if you are consuming this, if it is just for a fragrance or mist, you can opt for conventionally grown knowing there are risks of contaminates such as pesticides to the lemon

GOVERNMENT WARNING: (1) According to the Surgeon General, women should not drink alcoholic beverages during pregnancy because of the risk of birth defects. (2) Consumption of alcoholic beverages impairs your ability to drive a car or operate machinery, and may cause health problems.